

## Comprehensive List of Biblically Clean and Unclean Foods

**Clean** foods are those which in their natural state do not harm the human body and which man can use for his nourishment. **Unclean** foods are those which are unhealthy to consume and are poisonous to the body. The Bible discusses the topic of what foods are good and bad for Man to eat in Leviticus 11 and Deuteronomy 14.

### Clean Land Animals

Antelope	Deer (Venison)	Goat	Ox
Bison (Buffalo)	Elk	Hart	Reindeer
Caribou	Gazelle	Ibex	Sheep (Lamb, Mutton)
Cattle (Beef, Veal)	Giraffe	Moose	

### Clean Birds

Chicken	Grouse	Pigeon	Sparrow (and other songbirds)
Dove	Guinea fowl	Prairie chicken	Swan *
Duck	Partridge	Ptarmigan	Teal
Goose	Peafowl	Quail	Turkey
	Pheasant	Sagehen	

### Clean Insects

Clean insects include types of locusts that may include crickets and grasshoppers

### Clean Fish

Albacore (Crevalle, Horse Mackerel, Jack)	Hardtail (Blue Runner)	Mullet	Shad
Alewives (Branch, River Herring)	Herring (Alewife, Branch, Glut. Lake, River, Sea Herrings)	Muskellunge (Jacks)	Sheepshead
Anchovy	Kingfish	Orange Roughy	Silver Hake (Whiting)
Barracuda	Long Nose Sucker	Perch	Silversides

	(Northern or Red Striped Sucker)	(Bream)	
Bass	Common Sucker (Fr. Water Mullet, White Sucker)	Pike (Pickerel, Jack)	Smelt (Frost or Ice Fish)
Black Drum	Crappie (Black or White Crappies)	Pig Fish	Snapper (Ebu, Jobfish, Lehi, Onaga, Opakapaka, Uku)
Black Pomfret (Monchong)	Drum	Pollack (Pollock, Boston Bluefish)	Snook (Gulf Pike)
Blue Runner (Hardtail)	Flounder (Dab, Gray, Lemon Sole, Summer or Winter Flounder, Yellow Tail)	Pompano	Sole
Bluebacks (Glut Herrings)	Grouper (Black, Nassau, Red, or Yellowfish Grouper, Gag)	Red Horse Sucker (Redfin)	Spanish Mackerel
Bluebill Sunfish	Grunt (White / Yellow Grunts)	Red Snapper	Steelhead
Bluefish	Gulf Pike (Robalo, Snook, Sergeant)	Redfish	Striped Bass
Bluegill	Haddock	Robalo (Gulf Pike)	Sucker (Red Horse Sucker, Redfin)
Bonitos	Hake	Porgy (Scup)	Sunfish
Bowfin	Halibut	Red Drum (Redfish)	Tarpon
Buffalofish	Hardhead	Rockfish	Trout (Gray Sea, Lake, Sand Sea, White Sea, Spotted Sea Trouts, Weakfish)
Butterfish	Mackerel (Cobia)	Salmon (Chum, Coho, King, Pink or Red)	Tuna (Ahi, Aku, Albacore, Bluefin, Bonito, Shipjack, Tombo, Yellowfin, Yellowtail)
Carp	Mahimahi (Dorado, Dolphinfish [not the mammal	Sardine (Pilchard)	Turbot (except European turbot)

	dolphin])		
Chubs (Bloater, Longjaw, Blackfin)	Menhaden	Scup (Porgy)	Whitefish
Cod	Minnow	Sea Bass	Whiting (Silver Hake)
		Sergeant Fish (Gulf Pike)	Yellow Perch

### Unclean Land Animals

#### Swine

Boar, Peccary, Pig (hog, bacon, ham, lard, pork)

#### Canines

Coyote  
Dog  
Fox  
Hyena  
Jackal  
Wolf

#### Equines

Ass  
Donkey  
Mule  
Horse  
Onager  
Zebra  
(quagga)

#### Felines

Cat  
Cheetah  
Leopard  
Lion  
Panther  
Tiger

#### Other Unclassified Unclean Animals

Armadillo	Kangaroo	Rat
Badger	Llama (alpaca, vicuña)	Rhinoceros
Bear	Mole	Skunk
Beaver	Monkey	Slug
Camel	Mouse	Snail (escargot)
Elephant	Muskrat	Squirrel
Gorilla	Opossum	Wallaby
Groundhog	Porcupine	Weasel
Hare	Rabbit	Wolverine
Hippopotamus	Raccoon	Worm

#### Unclean Insects

All insects except some in the locust family.

#### Unclean Birds

Albatross	Eagle	Magpie	Roadrunner
Bat	Flamingo	Osprey	Sandpiper
Bittern	Grebe	Ostrich	Seagull
Buzzard	Grosbeak	Owl	Stork

Condor	Gull	Parrot	Swallow
Coot	Hawk	Pelican	Swift
Cormorant	Heron	Penguin	Vulture
Crane	Kite	Plover	Water Hen
Crow	Lapwing	Rail	Woodpecker
Cuckoo	Loon	Raven	

### Unclean Reptiles and Amphibians

#### Reptiles

Alligator  
Caiman  
Crocodile  
Lizard  
Snake  
Turtle

#### Amphibians

Blindworm  
Frog  
Newt  
Salamander  
Toad

### Unclean Fish and Marine Animals

<b>Fish</b>	<b>Shellfish</b>	<b>Soft Body</b>	<b>Sea Mammals</b>
Bullhead	Abalone	Cuttlefish	Dolphin
Catfish	Clam	Jellyfish	Otter
Eel	Crab	Limpet	Porpoise
European turbot	Crayfish	Octopus	Seal
Marlin	Lobster	Squid (calamari)	Walrus
Paddlefish	Mussel		Whale
Shark	Prawn		
Stickleback	Oyster		
Squid	Scallop		
Sturgeon (includes most caviar)	Shrimp		
Swordfish			